

**Abstract**

A clamping and/or spreading tool including a push or pull rod, comprises at least one lock blocking displacement of the push or pull rod contrary to the clamping and/or spreading direction by it being canted by at least one biasing means, such as a spring, more particularly a thrust spring, relative to the push or pull rod, and a releasing means which when actuated cancels the blocking effect of the lock such that a biasing means and the releasing means functionally engage the lock at least at opposite sides of the push or pull rod.